

Sport Strapping

Cohesive Bandages. Multi-functional, cohesive elastic bandages can be used to secure joints, as well as to provide support to joints such as ankles, knees and wrists mainly to prevent injury from happening or when treating light ligament sprains and strains.

Colours: Dark Blue, Light Blue, Lumo Orange, Yellow in stock

To Order Minimum 12 per colour: Black, Red, White, Lumo Green, Camo

Sizes: 7.5mmx4.5mm

On Order Minimum 12pc: 5mmx4.5mm

Price single: R 36.50 Dozen: R 30.00



Kinesio Tape is used to improve joint alignment by affecting the muscles and fascia and can reduce poor function of a joint by influencing opposing muscle groups and joint mobility. It is designed to facilitate the body's natural healing process while providing support and stability to muscles and joints without restricting the body's range of motion.

Colours: Black, Red, dark Blue, Beige, Pink, Purple

Size:5mx5mm

Price Single: R 72.00 Per Dozen R 65.00



Elastic Adhesive Bandage (EAB) is a lightweight strapping bandage that can be used for ankle taping, knee taping, hand taping and wrist taping. It is frequently used by sports physios in the prevention and treatment of sprained ankles. Its high quality ensures that it unrolls smoothly and conforms to the body easily.

Only White and only available in dozen 7.5mmx4.5mm

Price: 56.50



Rigid Tape is an Adhesive tape is often used to help athletes recover from ligament sprains or to help prevent further injury by limiting unwanted movement at a joint or offloading specific anatomical structures where a weakness has been identified.

Only in Brown

Only per dozen

Price: R 96.50

