

Anthony is a rough diamond. He is tough, strong, demanding and a person who will not tolerate nonsense whilst he is teaching.

He is also kind, caring and one of the few people one can rely on when the chips are really down. Anthony moderates his training depending on his student's capabilities and needs. He makes training fun and interesting and builds self-confidence. Anthony is very competent at what he does and I have no hesitation in recommending Anthony as a Krav Maga instructor.

Natalie



**AUTHORIZED TRAINING FACILITY**

SOUTH AFRICA